

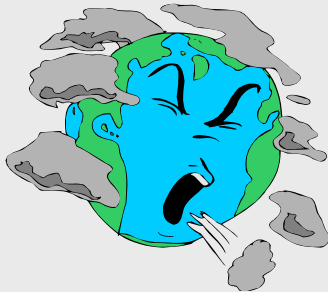
When Should Children Stay Home From School?



- Seems ill
- Looks pale
- Is not able to comfortably participate in school activities



- Is sweaty (when the weather is not hot)
- Has a fever



- Coughs or sneezes more than usual
- Has pain in ears, throat, head or chest



- Has thrown up in the past 12 hours
- Has had diarrhea two or more times in the past 24 hours

Check with your child's school for their stay home policy.



For more information visit: www.nj.gov/flu



Adapted from Contra Costa County, CA Employment and Human Services Department, Community Services Division

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