



## OLD TURNPIKE SCHOOL

### STUDENT ANTI-BULLYING PLEDGE:

Bullying is unfair and one sided. It occurs when someone repeatedly hurts, frightens or leaves someone out on purpose. Bullying involves an imbalance of power that isn't based on physical size. It can take many forms, including physical contact (hitting, tripping), teasing or name calling, intimidation through gestures, social exclusion and sending insulting messages or pictures by text or the internet.

**Rule One:** We will treat all others with respect and kindness, even people we don't like.

**Rule Two:** We will reach out to students who are having a difficult time.

**Rule Three:** We will not bully others and we won't support (by joining in, laughing or doing nothing) others who do.

**Rule Four:** We will help others if they are being bullied by 1) being a friend to the victim, 2) telling the bully to stop or 3) asking an adult for help

**Rule Five:** We will not text or post anything on-line that is insulting or demeaning.

**Rule Six:** We will tell an adult if someone is being bullied.

### TOGETHER WE CAN KEEP OUR SCHOOL BULLY FREE!!

I agree to follow these all of these rules throughout my daily contact with others.

_____	_____	_____	_____
Student Name	Date	Student Signature	Date
(Please Print)			
_____	_____		
Parent Signature	Date		